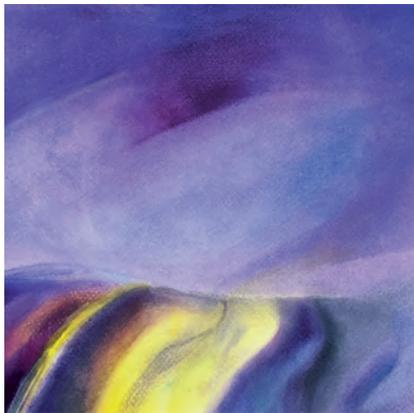


Tuesday morning

Theme-based Group

14th Jan - 24th March, 10am-12.30pm

creating time



"Forever is composed of Nows."

Emily Dickinson

The ancient Greek myths of **Kronos** and **Kairos** imaginatively describe two different concepts of 'time': representing the measurable, sequential, quantitative aspect of time, Kronos is the father of our linear experience of the time that moves on; Kairos however, has a creative, numinous nature, meaning the right, magical and opportune moment. In fact, Kairos describes the moment when the time is ripe to take our destiny into our own hands.

Lately, we seem to live our lives at such pace that we can't stop or even pause. We act faster and faster, trying to be more effective, in the belief that if we go quicker we will 'have' more time. What if time is something we cannot actually possess, or find? Rather something we can create, like meaning. We will use our own biography and artistic experiences to explore this question in depth – making space for ourselves, for who we are and who we would like to be.

In this new themed-group, we will work artistically with this subject: sharing our creative journeys in an accessible, playful way through a variety of media, and reflecting on our process in a safe, supported and non-judgemental space.

cost: £235 (£210 conc.) 10 sessions

Imagine's bursary fund or charitable grants may be available if needed. Please enquire for further information.



Wednesday / Thursday

Theme-based Group

15th Jan - 25th March, 10am-12.30pm

the art of ageing

Join us and share what it is like to be growing old, while maintaining a young spirit. Be part of an artistic community where old age is valued, where living a long life is a gift to share, where the barriers between the young and the old are overcome through our imagination, thanks to facilitated artistic activities and biographical conversations. We work creatively with stories, both personal and archetypal, exploring memories, wishes and open questions, within a multicultural environment.

There are now 2 ongoing, open, 'Art of Ageing' themed-groups on Wednesday and Thursday morning, and new participants are welcome any time, if there is a space.

Booking is recommended: places are limited.

cost: £25-£15 per session (on a sliding scale)



Thursday evening

Theme-based Group

9th Jan - 26th March, 7-9pm

mosaic making painting with tiles



Discover the joy of working with a broad spectrum of tesserae to create your own mosaic with **Robin James, community and mosaic artist**. We will be working with colour, texture, form, found objects and much more. Through the art of mosaic we can discover the many facets of ourselves, our emotions, memories, stories and experiences... creating something whole out of the mosaic of our own life. This new course will cover a broad range of materials, techniques and styles, gradually building a good skill base and offering an in-depth focus on how to create a mosaic from start to finish. Suitable for both beginners and those with some experience.

A rich variety of materials are included.

cost: £245 (£220) 11 sessions

Thursday ART CLUB

16th Jan - 26th March, 4-5.30pm



A studio space in the afternoon for **young people aged between 11-16**, where different art media are used to encourage self-expression in a supportive and inspiring environment. Working together, we explore a variety of themes with the aim to strengthen self confidence, resilience and a sense of belonging.

cost: £125 (£110 conc.) 10 sessions



Saturday 22nd Feb 2020

10am-4.30pm

a 1 day workshop for couples

with more than 20 years together

"Love is not love
Which alters when it alteration finds"

Shakespeare, Sonnet 116

With Spring on the horizon what better time to celebrate our long lasting relationships. We will work through the medium of art in a mood of playfulness as couples and exchanging experiences together in the group. We hope to offer a day to relax and have fun, to discover new ways of seeing each other and to plant new seeds for the future.

Anne and Herb Tandree will facilitate the day. Anne has worked for many years in the community as a therapeutic arts practitioner, working with groups and one to one sessions. Herb is a retired book seller and an artist.

Cost: £100 per couple (£85 conc.)

Friday 10am-12 noon

10th Jan - 20th March 2020

Coffee Morning & Art Session



coffee and chat
10-10.30am, £2 drop-in

art session
10.30am-12noon, £8



Come and enjoy a cup of coffee and a chat at Imagine and stay for the art session if you like, or you can come just for the art session. This is an introductory studio space where beginners are most welcome and can join any time. Each month different media will be introduced.

Places are limited, for further information and booking: 07955 556478