

Imagine Self-development and Facilitator Training Programme

You will learn:

- The use of art materials and techniques which are frequently used in the Imagine studio
- How to structure the group sessions (both Studio Practice and Theme-based-group)
- Preparation of artworks, exercises, questions for reflection
- Possible themes for future groups

You are expected to have the following experiences, qualifications, skills:

- To be able to work with vulnerable people
- Some personal experience of art and/or therapy
- Basic understanding of the therapeutic arts
- Good listening and communication skills
- Awareness of time and boundaries
- Ability to work on your own initiative, as well as part of a team

You will need to commit to:

- 2 half days in studio work and 1 preparation meeting per week (during term times)
- Attend at least one year of the programme
- Attend the preparation meetings on a weekly basis
- Help with setting up and clearing up the studio

You will receive the following support:

- Regular mentoring and supervision, both with the team and individual, to reflect on and to become aware of your own artistic and learning processes

At the end of the programme you will gain:

- A Certificate of Attendance
- Relevant work experience and a portfolio that could help you apply for a therapy training
- The opportunity to run a group as an assistant and/or to become a facilitator at Imagine.

Course fee: to cover the cost of art materials, study resources, regular review meetings and supervision

£1,200 / year (payable in instalments)

A 50% discounted fee to attend as a participant any other part of the Imagine programme would be available to those interested.